



# Bright Futures Additional Patient Education Resources: Early Childhood

## 12 Months

### **Car Safety Seats: A Guide for Families 2009**

Updated annually, *Car Safety Seats: A Guide for Families* helps parents make informed decisions about car seat selection and use. Included in this 32-page brochure is information on the various types of safety seats, the LATCH attachment system, air bags, car seat recalls, installation tips, and built-in seats offered by auto manufacturers, plus feature comparisons of more than 80 car seats!

### **Your Baby's Development: 12 to 15 Months (ZERO TO THREE)**

This set of 9 age-based handouts is available in English and Spanish. Each handout includes

- A chart that helps you know what to expect developmentally from your child, and how you can help your child learn at each stage
- Frequently asked questions and answers
- A spotlight section that goes into greater depth on a common issue or challenge for each age
- A research summary specific to each stage of development, and what it means for parents

## 15 Months

### **Your Baby's Development: 15 to 18 Months (ZERO TO THREE)**

This set of 9 age-based handouts is available in English and Spanish. Each handout includes

- A chart that helps you know what to expect developmentally from your child, and how you can help your child learn at each stage
- Frequently asked questions and answers
- A spotlight section that goes into greater depth on a common issue or challenge for each age
- A research summary specific to each stage of development, and what it means for parents

## 18 Months

### **Your Baby's Development: 18 to 24 Months (ZERO TO THREE)**

This set of 9 age-based handouts is available in English and Spanish. Each handout includes

- A chart that helps you know what to expect developmentally from your child, and how you can help your child learn at each stage
- Frequently asked questions and answers
- A spotlight section that goes into greater depth on a common issue or challenge for each age
- A research summary specific to each stage of development, and what it means for parents

## 2 Years

### **Your Baby's Development: 24 to 30 Months (ZERO TO THREE)**

This set of 9 age-based handouts is available in English and Spanish. Each handout includes

- A chart that helps you know what to expect developmentally from your child, and how you can help your child learn at each stage
- Frequently asked questions and answers
- A spotlight section that goes into greater depth on a common issue or challenge for each age
- A research summary specific to each stage of development, and what it means for parents

## 2½ Years

### **Your Baby's Development: 30 to 36 Months (ZERO TO THREE)**

This set of 9 age-based handouts is available in English and Spanish. Each handout includes

- A chart that helps you know what to expect developmentally from your child, and how you can help your child learn at each stage
- Frequently asked questions and answers
- A spotlight section that goes into greater depth on a common issue or challenge for each age
- A research summary specific to each stage of development, and what it means for parents



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